



SAFETY AND HEALTH AWARDS



NORTH AMERICAN OCCUPATIONAL SAFETY & HEALTH WEEK (NAOSHWEEK) 2009 AWARD WINNERS

Best Overall: Pollard Banknote, *Kamloops*

This year's winner for best overall campaign goes to *Pollard Banknote* for their exceptional efforts around the workplace and in the community.

Their NAOSH Week campaign included an event called "Injured Olympics" where workers were reminded of how injuries affect life at home and at work. Participants shot basketballs with their arm in a sling, made golf putts with splinted fingers, and shot hockey pucks with an eye patch.

Pollard Banknote also organized games of "Safety Poker" where the usual numbers replaced by symbols for WHMIS, workplace sustainability, PPE, and GHS (Global Harmonization System) symbols. "Safety Poker" games not only to reinforce workplace safety symbols, but also served to introduce the environment, recycling, and GHS symbols that would soon be found at their workplace.

Best New Entry: McRae's Environmental Services, *Delta*

This year's winner for best new entry goes to *McRae's Environmental Services* for their diverse NAOSH Week initiatives.

Rolling out their Injury and Sick-Day reduction incentive program, *McRae's* began awarding points for worker health and safety. These points can be redeemed for retail gift cards at a later date.

McRae's also held a family day BBQ complete with a variety of health and safety activities. They organized a PPE equipment race where participants donned safety gear including coveralls, gloves, respirators and full body harnesses.

After enjoying safety themed bouncy castles, children entered a colouring contest where winning submissions would later be printed in a health and safety calendar.

Most Innovative: Capital Regional District, *Victoria*

This year's winner for most innovative entry goes to *Capital Regional District* for their customized NAOSH Week activity for their diverse workers.

With over 100 safety activities, *Capital Regional District's* held a variety of training workshops that specifically addressed on-the-job hazards.

As an example: In their safe lifting session for aquatic staff and preschool instructors, workers are taught specific techniques for lifting young children in slippery or active areas.

Workshops organized by *Capital Regional District* included defensive driving, soft tissue injury prevention, and managing safety on multi-employer worksites.



SAFETY AND HEALTH AWARDS



Best Presentation of Theme: Canadian Forces Base -- 19 Wing Comox, *Lazo*

Using this year's theme for NAOSH Week, "Stayin' Safe, Healthy & Alive," the Canadian Force's *19 Wing Comox* organized a mix of activities that could apply to the workplace and at home.

19 Wing Comox organized a one day course called "Top Fuel for Top Performers" where workers learned about healthy eating, the nutrition required for physical activity, and other dietary issues.

They also coordinated injury prevention training, a blood pressure clinic, and first aid courses.

In addition to more work-specific NAOSH Week activities, *19 Wing Comox* also arranged for general safety tips to be published in the local paper.

Construction: Kindred Construction, *Vancouver*

For their NAOSH Week activities, *Kindred Construction* used different communication tools to reach workers.

The health and safety message was not only promoted on posters at project sites, but also on the company newsletter and employee forum.

Not only did toolbox talks cover work related topics, *Kindred Construction* also discussed general health and safety topics like how to prevent the spread of influenza.

Educational Institutions: British Columbia Institute of Technology, *Burnaby*

Engaging both staff and students on transferable safety skills was the main focus for *BCIT's* NAOSH Week activities.

Workshops on substance abuse, ergonomics, and eye safety took place during the lunch hour so the maximum number of people could attend. In addition to powertool and airbag demonstrations, *BCIT* also organized a safety display on topics such as sleep deprivation, emergency preparedness and nighttime visibility.

Federally Regulated Agencies: Canadian Forces Base – 19 Wing Comox, *Lazo*

19 Wing Comox of the Canadian Forces had a diverse range of NAOSH Week activities.

While many of their events could apply to both the workplace and at home, *19 Wing Comox* also organized workplace specific training on topics such as: accident investigation, spill response and injury prevention.

As well as placing first in the Federally Regulated Agencies category, *19 Wing Comox* also won Best Presentation of Theme at the provincial level, as well as Best Overall at the national NAOSH Week awards.



SAFETY AND HEALTH AWARDS



General Industry: Terasen Gas, *Surrey*

Terasen Gas' province-wide participation ensured that workers in all corners of B.C. learned about the NAOSH Week message. Not only did *Terasen Gas* organize a safety and wellness fair with over 25 vendors, but they also coordinated Safety Pancake Breakfasts, lunch and learns, as well as friendly-competitions on the Nintendo Wii.

Health/Social Services: Inglewood Care Centre, *West Vancouver*

Inglewood Care Centre enthusiastically jumped into their first NAOSH Week by laying down the foundation for future activities. Not only did they promote health and safety around the building, but Inglewood Care Centre also placed NAOSH Week posters on their front door. The prominent poster placement ensured that both staff and family visitors were aware of NAOSH Week. In addition to distributing NAOSH Week pins and wrist bands to staff, Inglewood Care Centre has already begun working on their 2010 NAOSH Week campaign.

Local Government: Capital Regional District, *Victoria*

With over 100 activities and over 500 participants, *Capital Regional District* certainly had a busy NAOSH Week. They organized a multitude of job-specific workshops including topics on: fire prevention, first aid, hand washing, aggressive behaviour, and verbal defence.

As well as placing first in the Local Government category, *Capital Regional District* also won Most Innovative entry at the provincial and national levels in this year's NAOSH Week awards.

Manufacturing: Pollard Banknote, *Kamloops*

Pollard Banknote had a busy NAOSH Week this year. Not only did they coordinate a bike rodeo and young worker presentation for local students, *Pollard Banknote* also organized WorkSafeBC officer presentations for lockout procedures, a NAOSH week proclamation for the city of Kamloops, and a LED sign initiative for local businesses and buildings to display safety messages during the week.

As well as placing first in the Manufacturing category, *Pollard Banknote* also won Best Overall at the provincial and national levels in this year's NAOSH Week awards.

Mining: Teck Metals, *Trail*

With over 1,500 participants at their Trail facility, *Teck Metals* certainly had people rallying around the NAOSH Week message. In one toolbox talk, participants learned about why hearing protection was important at work as well as at home. After the talk, earplugs specifically for home use were distributed so staff could practice safe hearing habits outside of work.



SAFETY AND HEALTH AWARDS



Provincial/Crown Corporation: BC Hydro – Edmonds, *Burnaby*

In addition to organizing personal safety workshops and a safety fair, *BC Hydro* also coordinated a fashion show where senior management were dressed in personal protective equipment for different jobs in the field. Complete with bright lights, music, and other audio-visuals, the fashion show also featured a master of ceremonies who also explained each equipment's safety features as the models strolled down the catwalk.

Small Business: *Sylvan Vale Nursery, Black Creek*

During NAOSH Week, *Sylvan Vale Nursery* coordinated a variety of activities including safety drills, as well as daily group stretches and exercises. *Sylvan Vale Nursery* also organized daily safety talks where a rotating group of people chose an OHS topic of their interest. These 15 minute talks were well received during NAOSH Week, and have become part of the daily ritual at the nursery.

Tourism/Hospitality: *Capilano Suspension Bridge, North Vancouver*

To maximize participation, *Capilano Suspension Bridge* held their NAOSH Week celebrations during the peak of the summer tourist season. For each weekday, *Capilano Suspension Bridge* designated a daily theme where draw prizes and activities revolved around a particular topic. For "fire and summer safety" day, staff practiced using a fire extinguisher under the supervision of the fire department and various ice cold treats were distributed to help beat the summer heat.

Transportation of Goods: *McRae's Environmental Services, Delta*

During NAOSH Week, *McRae's* celebrated by focusing on the workplace as well as at home.

In addition to organizing a BBQ, safety competitions, and respirator training, *McRae's* launched an injury and sick day reduction incentive program. They also promoted the NAOSH week message at the New Westminster International Hyack Parade.

McRae's also created an innovative way that reminds workers to stay safe: customizable locker magnets with slogans such as "Work safe, I need you mom."

As well as placing first in the Transportation of Goods category, *McRae's* also won Best New Entry in this year's NAOSH Week awards.

Transportation of People: *Qwest Helicopters, Fort Nelson*

NAOSH Week saw the implementation of *Quest Helicopters'* safety training program – a training course about helicopter safety. Along with Focus Corporation, they developed a hands-on program that covered topics such as: safety procedures around helicopters, regulations for helicopter operations, and duties during medical emergencies. Participants practiced how to approach and disembark from helicopters, how to load and unload cargo, and how to communicate with the helicopter pilot from the ground.